

TEEN CHALLENGE PACK RESOURCE GUIDE

Many of these suggested resources are available through our Overdrive or Hoopla services. Learn more about using **Overdrive** by watching [this video](#) and about using **Hoopla** by watching [this video](#)!

QUEST 1: THERE AND BACK AGAIN

- **“Travel” the world on a virtual tour:** A list of virtual tours can be found [HERE](#)
- **Take a journey outdoors...(optional—if available, check out a Nature Backpack from the library):** When available, reserve a Nature Backpack [HERE](#)
- **Create your ultimate road trip playlist. (optional— stream some music on Hoopla or check out check out a music CD from the library):** Browse music on Hoopla [HERE](#) and browse music CDs [HERE](#).
- **Write a book recommendation:** Submit your book recommendation [HERE](#)

QUEST 2: TALES AS OLD AS TIME

- **Read or listen to one of the Young Adult Summer Reads books:** Here is a full list of the YA Summer Reads, available on Overdrive and Hoopla.
 - Dread Nation by Justina Ireland -[Hoopla ebook](#), [Hoopla eaudio](#), [Overdrive ebook](#), [Overdrive eaudio](#)
 - Girls Resist! by Kaelyn Rich -[Hoopla eaudio](#), [Overdrive ebook](#), [Overdrive eaudio](#)
 - Juliet Takes a Breath by Gabby Rivera -[Overdrive ebook](#)
 - They Called Us Enemy by George Takei -[Hoopla ebook](#), [Hoopla ebook Spanish](#), [Overdrive ebook](#)
 - A Thousand Beginnings and Endings by Ellen Oh -[Hoopla eaudio](#), [Overdrive ebook](#), [Overdrive eaudio](#)
 - We Set the Dark on Fire by Tehlor Kay Mejia -[Hoopla eaudio](#), [Overdrive ebook](#), [Overdrive eaudio](#)
- **Look up your favorite book on Novelist and read a book from a read-alike list:**
 - Find some helpful information about Novelist K-8 Plus [HERE](#), access Novelist K-8 Plus [HERE](#). Find some helpful information about Novelist Plus [HERE](#), access Novelist Plus [HERE](#)
 - After you create an account and log in using your library card, type the title of a book you love into the search bar. Click ‘Search’. Then click on ‘Title Read-alikes’ to see a list of books you may want to read next!

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- **Read or listen to a biography or memoir:** Need help finding a book to read or listen to? Try one of these suggestions available on Overdrive or Hoopla.
 - [Americanized](#): rebel without a green card by Sara Saedi
 - [Tweak](#): Growing Up on Methamphetamines by Nic Sheff
 - [Girl Code](#) by Andrea Gonzales & Sophie Houser
 - Brave face: a Memoir by Shaun David Hutchinson -[Overdrive ebook](#), [Overdrive eaudio](#)
 - [Bad Boy](#) by Walter Dean Myers
 - Looking for more suggestions? Check out these Hoopla Collections: [juvenile biographies](#), [young adult biographies](#), check out these Overdrive Collections: [juvenile biographies](#), [young adult biographies](#).

QUEST 3: ONCE UPON A TIME

- **Write a book recommendation:** Submit your book recommendation [HERE](#)

QUEST 4: WHEN IN DOUBT, GO TO THE LIBRARY

- **Attend a virtual library event:** See a calendar of upcoming virtual library events [HERE](#)
- **Read a book suggested on the library's website:** Find some suggested titles [HERE](#)
- **Log into your library account online and put a hold on an item:** Click [HERE](#) to access the library's online catalog and to log into your library account. You can also put a hold on a digital item (ebook, etc) through our digital collections, Overdrive & Hoopla, to find out more click [HERE](#).

QUEST 5: THROUGH THE LOOKING GLASS

- **Read a book or watch a DVD or video about yoga or meditation:** Need help finding a book to read or video to watch? Try one of these suggestions available on Hoopla.
 - [Gaiam: Beginning Yoga With Chrissy Carter](#) (video)
 - [Daily Meditations - The Metta Bhavana - Development Of Loving Kindness](#) by Rae Roberts (audiobook)
 - [Gaiam: Rodney Yee Yoga For Energy And Stress Relief](#) (video)
 - [Gaiam: A.M. & P.M. Meditation](#) (video)
 - [Mindfulness Meditation In Everyday Life](#) by Jon Kabat-Zinn (audiobook)
 - Looking for more suggestions? Check out these Hoopla Collections: [yoga/meditation ebooks](#), [yoga/meditation eaudiobooks](#), [yoga/meditation videos](#), [yoga/meditation music](#).

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- **Use Hoopla to check out music for relaxing or meditating:** Need help finding some music to listen to? Try one of these suggestions available on Hoopla.
 - [Mindfulness: Mindfulness Here And Now](#) (2016)
 - [Mindfulness Stereo](#) (2017)
 - [Relaxing Music With Nature Sounds](#) (2015)
 - [Relaxing Forest Sounds](#) (2019)
 - [Relaxing Piano](#) (2019)
 - Looking for more suggestions? Check out this [Hoopla Meditation/Relaxing Music Collection](#).
- **Read a book on mindfulness or art:** Need help finding a book? Try one of these suggestions available on Hoopla.
 - [Mindful Me](#): Mindfulness and Meditation for Kids by Whitney Stewart & Stacy Peterson
 - [This Moment is Full of Wonders](#) by Thich Nhat Hanh
 - The mindful teen: powerful skills to help you handle stress one moment at a time by Dzung X. Vo
-[Hoopla ebook](#), [Hoopla eaudio](#)
 - [Mindful Artist](#): Sumi-E Painting - master the meditative art of Japanese brush painting by Virginia Lloyd-Davies
 - [Breathe and be](#): a book of mindfulness poems by Kate Coombs
 - Looking for more suggestions? Check out these Hoopla Collections: [mindfulness ebooks](#), [mindfulness eaudiobooks](#), [juvenile art ebooks](#), [young adult art ebooks](#).
- **Write a book recommendation:** Submit your book recommendation [HERE](#)

QUEST 6: AROUND THE WORLD IN 80 DAYS

- **Read or listen to a folktale from another continent:** Need help finding a folktale? Try one of these suggestions available online.
 - [Project Gutenberg](#) has free ebooks of [folklore from around the world](#) as well as [myths and fairy tales for children](#).
 - Check out this Hoopla Collection: [juvenile fairy tales/folklore](#)

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- **Celebrate a lesser known or fictional holiday:** Need some suggestions? Try one of these!
 - Paperback Book Day, July 30th
 - Harry Potter's Birthday, July 31
 - International Day of Friendship, July 31st
 - National Ice Cream Sandwich Day, August 2nd
 - National Women's Equality Day, August 26th
 - National Bow Tie Day, August 28th

- **Watch a film in another language:** Need help finding a film to watch? Try one of these suggestions available on Hoopla.
 - [IWish](#) (2012, PG, Japanese)
 - [Trollhunter](#) (2011, PG-13, Norwegian)
 - [Hero](#) (2004, PG-13, Mandarin)
 - [Big Fish & Begonia](#) (2017, PG-13, Mandarin)
 - [Alamar](#) (2009, G, Spanish)
 - [Ida](#) (2014, PG-13, Polish)
 - Looking for more suggestions? Check out this [Hoopla Global Cinema Collection](#).

- **Listen to music from another country:** Need help finding music to listen to? Try one of these suggestions available on Hoopla.
 - [Stromae](#) (Belgium)
 - [Il Volo](#) (Italy)
 - [Perfume](#) (Japan)
 - [Anitta](#) (Brazil)
 - [Khaled](#) (Algeria)
 - [The Hives](#) (Sweden)
 - Looking for more suggestions? Check out this [Hoopla World Music Collection](#).

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- **Choose a cookbook about food from another country and cook a meal from it:** Need help finding a cookbook? Try one of these suggestions available on Overdrive or Hoopla.
 - [Indian-ish: recipes and antics from a modern American family](#) by Priya Krishna
 - [Plenty: Vibrant Recipes from London's Ottolenghi](#) by Yotam Ottolenghi
 - [Cooking The Korean Way](#) by Judy Monroe & Okwha Chung
 - [Taste of Persia](#) by Naomi Duguid
 - [The Healthy teen cookbook: around the world in 80 fantastic recipes](#) by Remmi Smith
 - [Cooking The Mexican Way](#) by Rose Coronado
 - Looking for more suggestions? Check out this [Hoopla Cookbook Collection](#).
- **Use HeritageQuest to research your family history and have a conversation with a family member about what you found:** Find some helpful information about Heritage Quest [HERE](#) and access HeritageQuest [HERE](#).